

LEXINGTON ATHLETIC CLUB

# HOLIDAY CLASS SCHEDULE

Friday Dec 24	Sat. Dec 25	Monday Dec 27	Tuesday Dec 28	Wednesday Dec 29	Thursday Dec 30	Friday Dec 31	Saturday Jan 1
Aquafit 8:15AM Libby Zumba 9:00AM Libby Cycling 9:15AM Pam Yoga Flow 11:15AM Rico	Closed	Bootcamp 5:30AM Meredith Cycling 9:00 AM Karen Aquafit 9:30AM Libby Group Power 10:00AM Karen Yoga Flow 11:15AM Libby Cycling 6:00PM Shannon Group Power 6:00PM Rodd Zumba 7:00PM Teresa	Yoga Flow 5:30AM Julee Bootcamp 9:00AM Karen FitRX 10:00AM Robin Silver Sneakers 11:15AM Robin Zumba 6:00PM Libby	Cycling 9:00AM Pam Method 9:00AM Crinda Aquafit 9:30AM Libby Group Power 10:00AM Rodd Yoga Flow 11:15AM Libby Cycling 6:00PM Pat Group Power 6:00PM Vic Zumba 7:00PM Teres	Bootcamp 9:00AM Crinda Zumba 9:00AM Libby FitRX10:00AM Carrie Zumba 6:00PM Tiffiney Xtreme Hip Hop 7:15AM Adam	Chaos 5:30AM Meredith Aquafit 8:15AM Libby Zumba 9:00AM Libby Cycling 9:15AM Pam Yoga Flow 11:15AM Rico	Method 8:00AM Jill Zumba 9:00AM Tiffiney Yoga Flow 11:15AM Rico

**HOLIDAY HOURS**  
 FRI 12/24: 5am-5pm  
 SAT 12/25: CLOSED  
 FRI 12/31: 5am-8pm  
 SAT 01/01: 7am-7pm

